



## PAMET 5K RIVER RUN/WALK 2018

Sunday, September 23

REGISTRATION 8:15 am

START 9:00 am

Start: Pamet Harbor Parking Lot - Finish: Ballston Beach

### REGISTRATION FORM

please check one:  RUN  WALK

Name: \_\_\_\_\_

Mailing address: \_\_\_\_\_

\_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Gender (please circle): Male Female Age: \_\_\_\_\_

**ENTRY FEES:** Adults \$15.00 Youths (13 and under) \$10.00

\* Male and Female Grand Prize Trophies will be awarded.

#### Please check age class below:

Youth (13 and under): \_\_\_\_\_ High School (14-18): \_\_\_\_\_ Open (19-39): \_\_\_\_\_

Master (40-49): \_\_\_\_\_ Grand Master (50-59): \_\_\_\_\_ Grand Grand Master (60-69): \_\_\_\_\_

Senior Grand Master (70 and Over): \_\_\_\_\_

*Medallions will be awarded for each class t-shirts to first 75 registrants*

**Please mail your completed Registration Form & Check Payable to Truro Treasures, Inc. to:**

Truro Treasures 2018 Run/Walk, Post Office Box 197, Truro, MA 02666

**For information on the event, please contact:**

Tom Bow at 860-888-9047 Thank you!

#### **WAIVER - PLEASE SIGN BELOW:**

In consideration of this entry, I hereby waive and release any rights and claims for damages I may have against Truro Treasures, Inc., or any race sponsors or hosts for any injury I may incur. I understand that heat can be a factor in an early fall race and accept personal responsibility for properly preparing myself. Further, I understand traffic control will be limited and I accept that as a condition of the race and will protect myself accordingly.

Signature \_\_\_\_\_ Date \_\_\_\_\_